

# 370

Daily  
including  
school bus 670

## Grays - Lakeside - Romford



OUTSIDE PASS ZONES

PASS ZONE 4(5.6)

### Mondays to Fridays

	OUTSIDE PASS ZONES												PASS ZONE 4(5.6)						670	SD
Grays Bus Station ↗	0520	0538	0607	0618	0648	0718	0748	0818	0852	0924	0952		22	52	1422	1452	---			
Chafford Hundred Elizabeth Road	0530	0546	0615	0626	0656	0726	0756	0826	0900	0932	1000		30	00	1430	1500	---			
Lakeside Shopping Centre	arr	0535	0555	0624	0635	0705	0735	0805	0835	0909	0941	1009		39	09	1439	1509	---		
	dep	0535	0555	0624	0635	0705	0735	0805	0835	0909	0941	1011	Then every	41	11	1441	1511	---		
South Ockendon Royal Oak		0543	0603	0633	0645	0715	0745	0815	0845	0919	0951	1021	30 minutes,	51	21	1451	1521	---		
North Ockendon Old White Horse		0546	0606	0636	0648	0718	0748	0818	0848	0922	0954	1024	at these	54	24	1454	1524	---		
Corbets Tey Huntsman & Hounds		0552	0612	0642	0654	0724	0754	0824	0854	0928	1000	1030	minutes	00	30	1500	1530	1535		
Upminster Station ↗		0558	0618	0648	0703	0733	0803	0833	0903	0937	1007	1037	past the	07	37	1507	1537	1544		
Upminster St. Lawrence's Church		0600	0620	0650	0705	0735	0805	0835	0905	0939	1009	1039	hour	09	39	1509	1539	1547		
Hornchurch White Hart		0604	0624	0654	0710	0740	0810	0840	0910	0944	1014	1044		14	44	1514	1544	1551		
Gidea Park The Drill		0609	0629	0659	0718	0748	0818	0848	0918	0950	1020	1050		20	50	1520	1550	1557		
Gidea Park Station ↗		↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓		↓	↓	↓	↓	1559		
Romford Station ↗		0613	0633	0703	0724	0754	0824	0854	0924	0954	1024	1054		24	54	1524	1554	1607		
Romford Market Mercury Gardens		0615	0635	0705	0727	0757	0827	0857	0927	0957	1027	1057		27	57	1527	1557	1610		
Grays Bus Station ↗		1518	1548	1618	1650	1722	1755	1835			05	35	2305							
Chafford Hundred Elizabeth Road		1526	1556	1626	1658	1730	1802	1842			12	42	2312							
Lakeside Shopping Centre	arr	1535	1605	1635	1707	1739	1809	1850			20	50	2320							
	dep	1537	1607	1637	1707	1739	1809	1850	Then every		20	50	2320							
South Ockendon Royal Oak		1547	1617	1647	1717	1749	1819	1858	30 minutes,		28	58	2328							
North Ockendon Old White Horse		1550	1620	1650	1720	1752	1822	1901	at these		31	01	until 2331							
Corbets Tey Huntsman & Hounds		1556	1626	1656	1726	1758	1828	1907	minutes		37	07	2337							
Upminster Station ↗		1603	1633	1703	1733	1805	1835	1912	past the		42	12	2342							
Upminster St. Lawrence's Church		1606	1636	1706	1736	1808	1838	1914	hour		44	14	2344							
Hornchurch White Hart		1611	1641	1711	1741	1813	1843	1918			48	18	2348							
Gidea Park The Drill		1618	1648	1718	1748	1819	1849	1923			53	23	2353							
Romford Station ↗		1624	1654	1724	1754	1824	1854	1927			57	27	2357							
Romford Market Mercury Gardens		1627	1657	1727	1757	1827	1857	1930			00	30	2400							

### Saturdays

Grays Bus Station ↗	0520	0605	0635	0705	0735	0805	0828	0858	0922	0952		22	52	1722	1755	1835			
Chafford Hundred Elizabeth Road	0530	0612	0642	0712	0742	0812	0835	0905	0930	1000		30	00	1730	1802	1842			
Lakeside Shopping Centre	arr	0535	0620	0650	0720	0750	0820	0843	0913	0939	1009		39	09	1739	1811	1850		
	dep	0535	0620	0650	0720	0750	0820	0843	0913	0941	1011		41	11	1741	1813	1850		
South Ockendon Royal Oak		0543	0628	0658	0728	0758	0828	0851	0921	0951	1021	Then every	51	21	1751	1821	1858		
North Ockendon Old White Horse		0546	0631	0701	0731	0801	0831	0854	0924	0954	1024	30 minutes,	54	24	1754	1824	1901		
Corbets Tey Huntsman & Hounds		0552	0637	0707	0737	0807	0837	0900	0930	1000	1030	at these minutes	00	30	until 1800	1830	1907		
Upminster Station ↗		0558	0642	0712	0742	0812	0842	0907	0937	1007	1037	past the hour	07	37	1807	1837	1912		
Upminster St. Lawrence's Church		0600	0644	0714	0744	0814	0844	0909	0939	1009	1039		09	39	1809	1839	1914		
Hornchurch White Hart		0604	0648	0718	0748	0818	0848	0914	0944	1014	1044		14	44	1814	1844	1918		
Gidea Park The Drill		0609	0653	0723	0753	0823	0853	0920	0950	1020	1050		20	50	1820	1850	1923		
Romford Station ↗		0613	0657	0727	0757	0827	0857	0924	0954	1024	1054		24	54	1824	1854	1927		
Romford Market Mercury Gardens		0615	0700	0730	0800	0830	0900	0927	0957	1027	1057		27	57	1827	1857	1930		

### Saturdays - contd

Grays Bus Station ↗	1905	1935		05	35	2305	0739	0839		39	1739	1839		39	2239	2309			
Chafford Hundred Elizabeth Road	1912	1942		12	42	2312	0743	0843	Then	43	1743	1843	Then	43	2243	2313			
Lakeside Shopping Centre	arr	1920	1950		20	50	2320	0748	0848	every	48	1748	1848	every	48	2248	2318		
	dep	1920	1950	Then every	20	50	2320	0750	0850	60	50	1750	1850	60	50	2250	2320		
South Ockendon Royal Oak		1928	1958	30 minutes,	28	58	2328	0758	0859	mins,	59	1759	1858	mins,	58	2258	2328		
North Ockendon Old White Horse		1931	2001	at these	31	01	2331	0801	0902	at	02	1802	1901	at	01	2301	2331		
Corbets Tey Huntsman & Hounds		1937	2007	minutes	37	07	2337	0807	0908	these	08	1808	1907	these	07	until 2307	2337		
Upminster Station ↗		1942	2012	past the	42	12	2342	0812	0913	mins	13	1813	1912	mins	12	2312	2342		
Upminster St. Lawrence's Church		1944	2014	hour	44	14	2344	0814	0915	past	15	1815	1914	past	14	2314	2344		
Hornchurch White Hart		1948	2018		48	18	2348	0818	0919	the	19	1819	1918	the	18	2318	2348		
Gidea Park The Drill		1953	2023		53	23	2353	0823	0924	hour	24	1824	1923	hour	23	2323	2353		
Romford Station ↗		1957	2027		57	27	2357	0827	0928		28	1828	1927		27	2327	2357		
Romford Market Mercury Gardens		2000	2030		00	30	2400	0830	0931		31	1831	1930		30	2330	2400		

SD - Schooldays only

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Operated by Arriva  
(Helpline 08707 288188)



London Travel Information  
020 7222 1234 24 hours

# 370

Daily  
including  
school bus 670

## Romford - Lakeside - Grays



PASS ZONE 4(5.6)

OUTSIDE PASS ZONES

### Mondays to Fridays

	670 SD																	
<b>Romford Market</b> Mercury Gardens	0642	0712	0742	0750	0810	0840	0910	0940			10	40	1310	1340	1405	1435	1505	
<b>Romford Station</b>	0645	0715	0746	0754	0814	0844	0914	0943			13	43	1313	1343	1408	1438	1508	
<b>Gidea Park Station</b>	↓	↓	↓	0803	↓	↓	↓	↓			Then	↓	↓	↓	↓	↓		
<b>Gidea Park The Drill</b>	0648	0719	0751	0805	0822	0852	0922	0948	every		18	48	1318	1348	1413	1443	1513	
<b>Hornchurch White Hart</b>	0655	0725	0757	0811	0828	0858	0928	0955	30		25	55	1325	1355	1420	1450	1520	
<b>Upminster Bell Corner</b>	0700	0730	0802	0817	0834	0904	0934	1000	minutes,		30	00	1330	1400	1425	1455	1525	
<b>Upminster Station</b>	0632	0702	0733	0805	0818	0837	0907	0937	1002	at	32	02	until	1332	1402	1427	1457	1527
<b>Corbets Tey Huntsman &amp; Hounds</b>	0638	0708	0739	0811	0826	0843	0913	0943	1009	these	39	09	1339	1409	1434	1504	1534	
<b>North Ockendon Old White Horse</b>	0644	0714	0745	0817	---	0849	0919	0949	1014	minutes	44	14	1344	1414	1439	1509	1539	
<b>South Ockendon Royal Oak</b>	0647	0717	0749	0821	---	0853	0923	0953	1018	past	48	18	1348	1418	1443	1513	1543	
<b>Lakeside Shopping Centre</b>	arr	0657	0727	0759	0831	---	0903	0933	1003	1028	the	58	28	1358	1428	1453	1523	1553
	dep	0657	0727	0759	0831	---	0903	0933	1003	1030	hour	00	30	1400	1430	1455	1525	1555
<b>Chafford Hundred Elizabeth Road</b>	0704	0734	0806	0838	---	0910	0940	1007	1037		07	37	1407	1437	1502	1532	1602	
<b>Grays Bus Station</b>	0714	0744	0816	0848	---	0920	0950	1017	1047		17	47	1417	1447	1512	1542	1612	
<b>Romford Market</b> Mercury Gardens	1535	1605	1635	1710	1740	1810	1840	1910	1940		10	40	2310	2340	0010			
<b>Romford Station</b>	1539	1610	1640	1715	1745	1815	1843	1913	1942	Then	12	42	2312	2342	0012			
<b>Gidea Park The Drill</b>	1544	1615	1645	1720	1750	1820	1847	1917	1946	every	16	46	2316	2346	0016			
<b>Hornchurch White Hart</b>	1551	1622	1652	1727	1757	1827	1853	1922	1951	30	21	51	2321	2351	0021			
<b>Upminster Bell Corner</b>	1556	1627	1657	1732	1802	1832	1858	1926	1955	minutes,	25	55	2325	2355	0025			
<b>Upminster Station</b>	1600	1631	1701	1736	1806	1836	1902	1928	1956	at	26	56	until	2326	2356	0026		
<b>Corbets Tey Huntsman &amp; Hounds</b>	1608	1639	1709	1744	1814	1844	1909	1935	2002	these	32	02	2332	0002	0032			
<b>North Ockendon Old White Horse</b>	1614	1645	1715	1750	1820	1850	1914	1940	2007	minutes	37	07	2337	0007	0037			
<b>South Ockendon Royal Oak</b>	1618	1649	1719	1754	1824	1854	1918	1944	2011	past	41	11	2341	0011	0041			
<b>Lakeside Shopping Centre</b>	arr	1628	1659	1729	1804	1834	1904	1927	1953	2019	the	49	19	2349	0019	0049		
	dep	1628	1659	1731	1806	1836	1906	1927	1953	2019	hour	49	19	2349	0019	0049		
<b>Chafford Hundred Elizabeth Road</b>	1635	1706	1738	1813	1843	1913	1934	2000	2026		56	26	2356	0026	0055			
<b>Grays Bus Station</b>	1645	1716	1748	1823	1853	1923	1944	2010	2036		06	36	0006	0036	0103			

### Saturdays

<b>Romford Market</b> Mercury Gardens	0710	0740	0810	0840	0910		40	10	1710	1740	1810	1840	1910	1940	2010	2040	2110		
<b>Romford Station</b>	0712	0742	0812	0842	0913	Then	43	13	1713	1743	1813	1843	1913	1942	2012	2042	2112		
<b>Gidea Park The Drill</b>	0716	0746	0816	0846	0918	every	48	18	1718	1748	1818	1848	1917	1946	2016	2046	2116		
<b>Hornchurch White Hart</b>	0721	0751	0821	0852	0925	30	55	25	u	1725	1755	1825	1855	1922	1951	2021	2051	2121	
<b>Upminster Bell Corner</b>	0725	0755	0825	0857	0930	mins,	00	30	n	1730	1800	1830	1900	1926	1955	2025	2055	2125	
<b>Upminster Station</b>	0632	0726	0756	0826	0859	0932	at	02	32	t	1732	1802	1832	1902	1928	1956	2026	2056	2126
<b>Corbets Tey Huntsman &amp; Hounds</b>	0638	0732	0802	0832	0906	0939	these	09	39	i	1739	1809	1839	1909	1935	2002	2032	2132	
<b>North Ockendon Old White Horse</b>	0644	0737	0807	0837	0911	0944	mins	14	44	l	1744	1814	1844	1914	1940	2007	2037	2137	
<b>South Ockendon Royal Oak</b>	0647	0741	0811	0841	0914	0948	past	18	48		1748	1818	1848	1918	1944	2011	2041	2111	2141
<b>Lakeside Shopping Centre</b>	arr	0655	0749	0819	0849	0922	0958	the	28	58	1758	1826	1856	1926	1953	2019	2049	2119	2149
	dep	0655	0749	0819	0849	0922	1000	hour	30	00	1800	1828	1858	1926	1953	2019	2049	2119	2149
<b>Chafford Hundred Elizabeth Road</b>	0702	0756	0826	0856	0929	1007		37	07	1807	1835	1905	1933	2000	2026	2056	2126	2156	
<b>Grays Bus Station</b>	0710	0807	0836	0906	0939	1017		47	17	1817	1845	1913	1941	2010	2036	2106	2136	2206	

### Saturdays - contd

<b>Romford Market</b> Mercury Gardens	2140	2210	2240	2310	2340	0010	0840	0940	Then	1740	1840	1940	2040	2140	2240	2310	2340	0010	
<b>Romford Station</b>	2142	2212	2242	2312	2342	0012	0844	0943	every	1743	1842	1942	2042	2142	2242	2312	2342	0012	
<b>Gidea Park The Drill</b>	2146	2216	2246	2316	2346	0016	0846	0947	60	1747	1846	1946	2046	2146	2246	2316	2346	0016	
<b>Hornchurch White Hart</b>	2151	2221	2251	2321	2351	0021	0851	0952	mins,	1752	1851	1951	2051	2151	2251	2321	2351	0021	
<b>Upminster Bell Corner</b>	2155	2225	2255	2325	2355	0025	0855	0956	at	1756	1855	1955	2055	2155	2255	2325	2355	0025	
<b>Upminster Station</b>	2156	2226	2256	2326	2356	0026	0858	0957	the	1757	1856	1956	2056	2156	2256	2326	2356	0026	
<b>Corbets Tey Huntsman &amp; Hounds</b>	2202	2232	2302	2332	0002	0032	0902	1003	same	1803	1902	2002	2102	2202	2302	2332	0002	0032	
<b>North Ockendon Old White Horse</b>	2207	2237	2307	2337	0007	0037	0906	1008	mins	1808	1907	2007	2107	2207	2307	2337	0007	0037	
<b>South Ockendon Royal Oak</b>	2211	2241	2311	2341	0011	0041	0910	1012	past	1812	1911	2011	2111	2211	2311	2341	0011	0041	
<b>Lakeside Shopping Centre</b>	arr	2219	2249	2319	2349	0019	0049	0919	1022	each	1822	1919	2019	2119	2219	2319	2349	0019	0049
	dep	2219	2249	2319	2349	0019	0049	0923	1023	hour	1823	1923	2023	2123	2223	2323	2353	0023	0053
<b>Chafford Hundred Elizabeth Road</b>	2226	2256	2326	2356	0026	0055	0928	1028	until	1828	1928	2028	2128	2228	2328	2358	0028	0058	
<b>Grays Bus Station</b>	2236	2306	2336	0006	0036	0103	0933	1033		1833	1933	2033	2133	2233	2333	2333	0003	0103	

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